



Water Stops

The Hartford

Mile 1.75: On 4th, between Stiles and Lincoln

- **Captain:** Melissa Lawson
- **Co-Captain:** Julie Mitchell
- **Years your group has had this Water Stop:** 4th year hosting the Opening Stop
- **Favorite aspect about your Water Stop:** "My favorite aspect about our water stop is when the runners/walkers come through. They are so focused on achieving their goal and to provide them with refreshments to help is energizing to me personally. I am not able to participate in the actual run, but to be able to assist others who can make me feel like I still contributed to the effort that I believe in." ~ Cheryl Powell, Frontline Manager, The Hartford. "Showing support to the runners and the cause it represents. Letting the community and the cause see how much The Hartford cares for them." ~Stephene Linder, Customer Care Representative, The Hartford.
- **What motivates your group to volunteer their day for the Memorial Marathon:** "In 2009, we had a record turnout of approx. 175 employees to support the Opening Water Stop. Our goal was to have a minimum of 168 volunteers so that each person could wear the name of a victim from the Bombing on their shirt. This was very inspirational and really meant something special to our employees at The Hartford, because they could physically see the name of a person we were hosting this event for. It was a joyous and humbling moment of remembrance as we celebrated the lives of those we lost on that day. For 2010, we plan to do this again but we're raising the bar. The Hartford is celebrating our 200th anniversary. In honor of our bicentennial celebration, we are shooting for a goal of 200+ volunteers to also represent each year The Hartford has been in business and a committed organization in our community." ~Melissa Lawson, Communications Champion & Permanent Coach, The Hartford (Water Stop Captain, 6 years). "I absolutely look forward with excitement like a child to seeing the crowd of runners top the hill and begin their descend towards the overpass at the first water stop! The view is breathless!! To see all of these people on an early Sunday morning giving of themselves to remember those that have gone before us; wouldn't miss it for anything!" ~ Renisa Whitehead, Project Manager, The Hartford (Water Stop Safety Coordinator 2009).

Bass Pro & Oklahoma Employees Credit Union

Mile 4: 28th & Lincoln

Allegiance Credit Union

Mile 5.5: 3100 Harvey Parkway

- **Captain:** Laurie Stratton
- **Co-Captain:** Linda Shelton
- **Years your group has had this Water Stop:** 9 years
- **Favorite aspect about your Water Stop:** Our favorite aspect is being able to honor the runners for their contribution and honor all the lives lost 15 years ago.
- **What motivates your group to volunteer their day for the Memorial Marathon:** We are motivated to work this event because we support the OKC National Memorial and since they do not receive any government money to operate; this marathon is a vital part of their fundraising. This is our way of thanking those runners for donating their money and energy towards such a worthy cause. It is the least we can do to honor our friends and employees killed 15 years ago by a senseless act of terrorism.

Members of First Christian Church and Trinity School

First Relay Station – Mile 6.2: N. Walker & NW 38th St (First Christian Church)

- **Captain:** Joann Moorehead
- **Years your group has had this relay station:** 9
- **Favorite aspect about your relay station:** First Christian Church was the headquarters for the families of victims and a communications center.
- **What motivates your group to volunteer their day for the Memorial Marathon:** The sense of oneness with the victims and families and community.

KPMG LLP and Allergy Laboratories

Mile 7: 43rd and Western - Will Rogers/Sushi Neko

- **Captain:** Sarah Reed
- **Co-Captain:** Missy Osborn
- **Years your group has had this Water Stop:** 9
- **Favorite aspect about your Water Stop:** Excitement and cheering on the runners/walkers.
- **What motivates your group to volunteer their day for the Memorial Marathon:** The mission & focus of the Oklahoma City National Memorial Foundation.

Chesapeake Energy

Mile 8.5: 59th & Classen (Chesapeake)

- **Captain:** Sundee Busby
- **Co-Captain:** Lynsey Davis
- **Years your group has had this Water Stop:** 9
- **What motivates your group to volunteer their day for the memorial Marathon:** We love cheering on the runners and feeling like we play a part in helping make their race a successful one! Even though we have to get up early, our employees enjoy the excitement and energetic vibe of working together and seeing that first racer round the corner.

Social Security Administration

Second Relay Station - Mile 9.3: NW 72nd & Classen Blvd.

- **Captain:** Kelly Berhalter
- **Co-captain:** Emilee Cofer
- **Number of years your group has had this relay station:** 9
- **What motivates your group to volunteer their day for the memorial Marathon:** SSA has participated in all of the marathons by manning a relay station. My favorite aspect is being able to do a group volunteer project with my co-workers, families, and friends for a worthwhile cause. It has been amazing watching the marathon grow year after year as well. We have co-workers who are survivors and were lost in the Oklahoma City Bombing. This provides a way for current SSA and retired employees to pay tribute to those employees.

Foundation HealthCare Affiliates/Foundation Surgery Affiliates/Foundation Surgical Hospital Affiliates

Mile 10.5: McKinley & Wilshire - Nichols Hills Elementary

- **Captain:** Suzy Hensley
- **Co-Captain:** Sonya Castrejon
- **Years your group has had this Water Stop:** This will be the 5th
- **Favorite aspect about your Water Stop:** The location
- **What motivates your group to volunteer their day for the Memorial Marathon:** To be a part of something that so overwhelmed our city and to pay tribute to those that were involved – and to thank those that run.

Teleflora

Mile 11.5: Britton Road and Essex

- **Captain:** Janis Thomas
- **Years your group has had this Water Stop:** 7
- **Favorite aspect about your Water Stop:** We are located near the mid-point so we get to see all the full Marathoners. Our stop is located in the front yard of a private home and it is WONDERFUL that she puts up with the noise and lets us use water from the house year after year.
- **What motivates your group to volunteer their day for the Memorial Marathon:** It is amazing that after running over 11 miles the runners are thanking US for being there – when we are the ones in deep awe and appreciation for their participation. It is impossible to describe the feeling that watching the service men and women running in full gear, the amputees, those pushing wheel chairs, the ‘golden agers’ and those who are struggling already after 11 miles but knowing they will finish all 26 miles gives you. Knowing that many participate in this marathon in memory of loved ones lost keeps us motivated to give the best support we can to this group.

Britton Road Church of Christ

Mile 12.5: Church of Christ (2520 W Britton Road)

- **Captain:** Mike Howard
- **Co-Captain:** Denise Howard

- **Years your group has had this Water Stop:** 9 years
- **Favorite aspect about your Water Stop:** We get to see all kinds of people coming together for a common cause.
- **What motivates your group to volunteer their day for the Memorial Marathon:** We get to reach out as a church to the community, to provide support and encouragement.

FedEx

Mile 13.1: The Halfway Mark – Britton Road, west of The Ranch Steakhouse

Captain: Winford Navrath

Co-Captain: Michael Snelson

Years your group has had this Water Stop: 6+

What motivates your group to volunteer their day for the Memorial Marathon: The cause. We all had family or friends that were impacted.

Southwest Airlines

Mile 14.2: East Wharf & Lake Hefner Drive (west side of Louie's on the Lake)

- **Captain:** Natalie Candelaria
- **Co-Captain:** Jamie Crank
- **Years your group has had this Water Stop:** 4 at the current location of Louie's on the Lake. Previously stationed in Nichols Hills. Volunteering with the marathon since the beginning. We have a wonderful location at Louie's on the Lake, where spectators are able to view the race as well our Company Spirit and SWA Luv for the racers!
- **What motivates your group to volunteer their day for the Memorial Marathon:** Our group gets motivated each year seeing the marathon runners and their dedication to supporting the race. We carry that over and look forward to the following year to show our support for this amazing race!

Oklahoma Surgicare, OU Physicians, OU Medical Center

Mile 14.7: Far South end of Lake Hefner service road

- **Captain:** Lindie Slater
- **Co-Captain:** Kelli Hayward
- **Years your group has had this Water Stop:** This will be Oklahoma Surgicare's second year to participate. OU Physicians had the stop with Allegiance Credit Union for 2 years, moved to this stop this year. OU Medical Center has also participated in years past.
- **Favorite aspect about your Water Stop:** Seeing our group come together to cheer on the runners. It is VERY emotional watching them run by, and so rewarding to be even a small aspect of cheering them on.
- **What motivates your group to volunteer their day for the Memorial Marathon:** What it benefits. Knowing the marathon benefits the Memorial is more than enough of a reason to be motivated. There is no other marathon like this one, and it's a blessing to be a part of it.

Bishop McGuinness High School/Independence Charter Middle School

Mile 16.1: Stars and Stripes Park, Far north side of park at the Flag Pole

- **Captain:** Lesli Massad

- **Co-Captain:** Katie Massad
- **Years your group has had this Water Stop:** at least 8. It started as Quail Creek Elementary and just has followed me and whatever school my daughter has attended.
- **Favorite aspect about your Water Stop:** Location (when it isn't too cold or windy outside) and the enthusiasm of our volunteers and the marathon participants. We're a group of students and parents who are simply thrilled to be a small part of this event.
- **What motivates your group to volunteer their day for the Memorial Marathon:** For the parents, they look forward to this event every year. There is always a bit of anxiety about the weather, especially at our location, but that is usually remedied once out there and busy. For the high school kids -- many participate at first because of community service requirements for their school, but they too, once they get out there and see the runners, they really get into it. And they love to have a reason to yell and cheer.

Cashland & Yakety Yak Wireless

Third Relay Station – Mile 16.8: Stars and Stripes Park - west of the entrance

- **Captain:** Mike Link
- **Co-Captain:** Samantha Bentson
- **Years your group has had this relay station:** This is our first year to have our own relay station, though we previously helped with the stop at American Fidelity on Classen.
- **Favorite aspect about your relay station:** We are thrilled to be a part of this amazing day and help in any way possible! We are very excited that we are going to be part of a relay transition area.
- **What motivates your group to volunteer their day for the Memorial Marathon:** Cashland and Yakety Yak Wireless are both locally owned companies that conduct business solely in Oklahoma. We take pride in supporting our local communities all across the state and are especially excited to take part in the Oklahoma City Memorial Marathon so that we may continue to honor and be a part of celebrating the lives that were lost on April 19, 1995. We will never forget those precious lives that were lost or the heroes that emerged on that tragic day and feel honored to be a supporter of this event.

Cameron University Multimedia Design Club

Mile 17.2: 3234 Grand Blvd

- **Captain:** Dr. Linda Wright Smith
- **Co-Captain:** Professor Aguilar
- **Years your group has had this Water Stop:** Every year which makes this our tenth year
- **Favorite aspect about your Water Stop:** Location and the friendly neighborhood
- **What motivates your group to volunteer their day for the Memorial Marathon:** Community Service

Merrill Lynch / Bank of America

Mile 18.5: Nichols Hills - On Grand Blvd. - West of Penn

- **Co-Captains:** Julie Selig, Jennifer Edwards and Teresa Bourn

- **Years your group has had this Water Stop:** Different locations but we have been volunteering for the past 3 years and truly enjoy it.
- **Favorite aspect about your Water Stop:** The favorite aspect is the camaraderie that is built from the event along with being able to cheer on the wonderful runners as they reach their goal.
- **What motivates your group to volunteer their day for the Memorial Marathon:** Everyone is motivated by what all of the survivors have gone through. This is our small attempt to show them we support and appreciate them.

Oklahoma Guard

Mile 19.5: Nichols Hills - Grand Blvd. and Bedford

- **Captain:** Judah Sheppard
- **Years your group has had this Water Stop:** 6
- **Favorite aspect about your Water Stop:** Cheering on the runners and putting a smile on their faces.
- **What motivates your group to volunteer their day for the Memorial Marathon:** Most of the team knows my wife and I worked the bombing event. I worked in initial response and during military stint guarding the site and mortuary during the period of the bombing. During military deployment as a Peacekeeper in the Sinai, 2003, OKC Memorial Marathon was conducted at our camp so that I would not have to miss out on a year running in this event.

Marriott Courtyard

Fourth Relay Station - Mile 19.9: Grand Blvd. and 63rd

Walgreens

Mile 20.8: 5400 N. Classen

- **Captain:** Tim Grundy
- **Co-Captain:** Kathy Thompson
- **Years your group has had this Water Stop:** This is our 2nd year.
- **Favorite aspect about your Water Stop:** The determination of the runners to meet their goal. Our stop sees only full marathoners and relay teams.
- **What motivates your group to volunteer their day for the Memorial Marathon:** I personally ran the marathon in 2007. The feeling of accomplishment that I felt upon crossing the finish line was amazing. I know the hard work each runner has endured and the dedication needed. I wanted my fellow associates to experience the race in some capacity. Watching the runners, their bodies, eyes, showed us the determination it takes to complete a run. This motivates us to come back and do better job for them.

Devon Energy

Mile 21.8: Bank of America (41st & Classen)

- **Captain:** Christina Rehkop
- **Years your group has had this Water Stop:** Since the inception of the Marathon – 10 years

- **Favorite aspect about your Water Stop:** Devon volunteers always have fun with the water stop theme. They enjoy wearing costumes, cheering on the runners and dancing to music as the runner approach the stop. Having more than hundred employees and family members rally at the break of dawn for this event is really rewarding.
- **What motivates your group to volunteer their day for the Memorial Marathon:** Devon employees and family members volunteer for the marathon to honor those who lost their lives and those who were injured during the 1995 Alfred P. Murrah Federal Building. They also encourage co-workers participating in the race.

Farmers Insurance

Mile 22.5: Backyard Coffee (3214 N Classen)

- **Captain:** Robert Brady
- **Co-Captain:** Teresa Zamarron
- **Years your group has had this Water Stop:** 4 years
- **Favorite aspect about your Water Stop:** The level of enthusiasm of the runners and volunteers being able to make a difference.

American Fidelity Assurance Company

Mile 23.5: American Fidelity (2000 N Classen)

- **Captain:** Lisa Burchfield
- **Co-Captains:** Angie Moore and Kari Teel
- **Years your group has had this Water Stop:** 9
- **Favorite aspect about your Water Stop:** We love being near the end of the course where we can encourage all the runners to go the distance! When one of our fellow colleagues races through, the water stop erupts in even louder cheers for them. Every year brings a new challenge for the water stop, but it's wonderful to be a part of something that unites our community in remembering our loss and celebrating their lives as well as the many others touched on that fateful day.
- **What motivates your group to volunteer their day for the Memorial Marathon:** Our Company has always been a strong supporter of our community. And with the marathon route passing right outside our windows, it is a natural fit for our colleagues to come out and do what they can to support the marathon participants.

Hertz in the Neighborhood Community Service Team

Mile 24.4: Lee and 15th

- **Captain:** Darlene Blundell
- **Co-Captain:** Russell Blundell
- **Years your group has had this Water Stop:** 3rd year
- **Favorite aspect about your Water Stop:** Our location is near the end of the run so when the runners get to our stop, they are really hurting and in need of encouragement. We can give them encouragement and hope. We give them the water and nourishment to help them finish the race!!! There is no greater honor then helping motivate someone achieve their goal. To offer encouragement in a time of desire or personal loss. It is such an

honor as a volunteer to get to be a part of something that means so much to the survivors, families and memories of those who lost their lives.

- **What motivates your group to volunteer their day for the Memorial Marathon:** Encouraging and supporting the runners as they remember and honor the memories of the fallen, survivors and family.

Dell

Mile 25.5: 12th Street (full marathon) and 13th Street (half marathon), between Hudson and N Harvey

- **Captain:** Dirk Atkinson
- **Co-Captain:** Gretchen Hansen
- **Years your group has had this Water Stop:** 6
- **Favorite aspect about your Water Stop:** The teamwork and cohesion of our employees outside of work and within the community.
- **What motivates your group to volunteer their day for the Memorial Marathon:** Celebrating the lives of the 168 individuals that we lost April 19, 1995.